

Learning Skills for Life!

Registration

Complete an application and submit it to the main office at the Ajax Campus or the Oshawa Campus.

Each student that applies will have an interview.

Students will be asked to bring the most recent report card and Individual Education Plan (IEP) to the interview.



For information, please call
Andrea Ellsworth
(905) 438-0570 (ext. 57164) or email
andrea.ellsworth@dcdsb.ca



Archbishop Anthony Meagher Catholic Continuing Education Centre

**Oshawa Campus: 850 King St. W., Unit 26
Oshawa, L1J 8N5
Tel: (905) 438-0570 Fax: (905) 438-0571**

**Ajax Campus: 458 Fairall St., Unit 7
Ajax, L1S 1R6
Tel: (905) 683-7713 Fax: (905) 683-9436**

Notes:



**Post-Secondary Pathway for
Young Adults with
Exceptionalities**

Life Skills



www.con-ed.ca



What is the Life Skills Program?

- ❖ The goal of the program is to upgrade functional living and vocational skills as well as provide general interest and socialization activities.

Who is eligible?

Young adults with exceptionalities who are:

- ❖ Ready to move beyond secondary school and who are able to demonstrate a high level of independence;
- ❖ Able to participate in a program that runs four days per week for 1 week (9:00 - 2:30 pm);
- ❖ Able to follow routines and directions;
- ❖ Able to work with different people.

Life Skills Program

Interactive, Experiential Learning is a Great Way to Learn!



What will students learn?

Safety Awareness
Health and Nutrition
Cooking and Kitchen Safety
Technology and Computer Skills
Fitness and Recreation
Communication and Socialization
Real-World Experiences



Interactive experiences are a great way to learn!



Fun activities support growth and development.



Learn new skills.



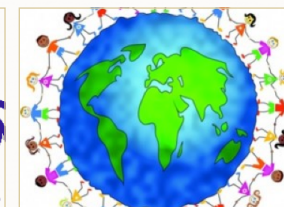
Meet new friends.

Gain information about:

Resources in the Community
Volunteer Opportunities



Build partnerships and help others.



Gain information about community resources.